

#### Child and Adolescent Assessment Practica

Practicum placements for Master's and PhD students completing their doctorate in clinical psychology or clinical/counselling psychology (including EdD). Psychoeducational and giftedness assessments for children and youth ages 6-18.

### **About Us**

Sageview Health is a large group psychology practice that offers comprehensive assessment, treatment and consultation services for adults, seniors, children, adolescents, couples, and families. We foster a culture of excellence with a focus on ethical and evidence-based practice that meets the needs of the very diverse community we serve. Our goal is to empower people to overcome challenges and lead a rich, full, and meaningful life.

#### **Details**

Number of	1 (In Person or Hybrid)
<b>Placements Available</b>	
Amount & Type of	<ul> <li>1.5 hours of weekly supervision with a registered</li> </ul>
Supervision	psychologist
	<ul> <li>Supervision can be virtual, in-person, or a mix</li> </ul>
	<ul> <li>Learners can expect a developmental approach, to be</li> </ul>
	adapted based on skill level. This may take ethe form of in-
	room observation/shadowing, video/audio recordings,
	and/or reports from the learner in supervision
Client Age Range	<ul> <li>Ages 5 to adulthood</li> </ul>
Typical Presenting	• ADHD
Concerns	<ul> <li>Specific Learning Disorders</li> </ul>
	• Autism
	<ul> <li>General diagnostic clarification (anxiety, depression, OCD,</li> </ul>
	PTSD, etc.
	<ul> <li>Giftedness</li> </ul>
Treatment	<ul> <li>Individual therapy with child/adolescent clients.</li> </ul>
	<ul> <li>May be virtual or in-person; typically, after-school hours</li> </ul>
	(e.g., 4-6pm) most requested.
	<ul> <li>Additional therapy experiences also available, including</li> </ul>
	parent training/coaching and individual therapy with adults
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	<ul> <li>(including emerging adulthood, ages 18 to 25), based on learner interest and experience.</li> <li>Common therapy presenting issues:         <ul> <li>Anxiety, depression, ADHD, anger problems, social challenges, autism, OCD, ODD, parenting challenges, PTSD, and substance use</li> </ul> </li> <li>Common treatment modalities include:         <ul> <li>CBT (including Exposure with Response Prevention [ERP], trauma-focused)</li> </ul> </li> </ul>
	<ul> <li>DBT-informed (including mindfulness, acceptance- based strategies)</li> </ul> Matical later devices (MI)
Common Assessment Types and Assessment Tools	<ul> <li>Motivational Interviewing (MI)</li> <li>In -person child/adolescent assessments offered at the clinic include psychoeducational assessments and gifted assessments. Possibility to observe autism assessments.</li> <li>May also provide in-person ADHD and psychodiagnostics assessments to adults (typically college age)</li> <li>Possibility to observe autism assessments</li> </ul>
Common Assessment Tools	<ul> <li>WISC</li> <li>WAIS</li> <li>WRAML</li> <li>WIAT</li> <li>CPT</li> <li>NEPSY</li> </ul>
Professional Development	<ul> <li>Bi-weekly clinician consultation meeting with child/adolescent team at Sageview Health</li> <li>Bi-weekly research and clinical practice rounds hosted by Sageview Health from internal and external speakers on evidence-based interventions, assessment, and psychotherapy. Learners have the opportunity to present as part of these rounds during their practicum placement if they wish.</li> </ul>
Nature of Consultation with Other Healthcare Providers	<ul> <li>Encouraged to connect with clients circle of care as part of clinical work (i.e., family doctors, teachers, and other mental health providers).</li> </ul>
Skills To Be Gained Through Placement	<ul> <li>Community-based assessments using a variety of measures.</li> <li>Community-based therapy</li> <li>Assessment writing skills and writing efficiency</li> </ul>



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	<ul> <li>Working with a diverse client base (related to client ethnicity, SES, religious background, sexual orientation, gender identity etc.)</li> </ul>
	<ul> <li>Understanding of business practices as they relate to psychology</li> <li>Exposure to a diverse client base</li> </ul>
Application Deadline	<ul> <li>Same as deadline set by the GTA practicum committee, though rolling admissions may be considered on a case-by- case basis.</li> </ul>
Application Materials	<ul> <li>Unofficial transcripts from graduate school</li> <li>Two letters of reference (sent from referees to practicum@sageviewhealth.ca)</li> <li>1 page letter of interest, including training goals and objectives for the prospective practicum</li> <li>Curriculum vitae (CV)</li> <li>On-site or virtual interview</li> </ul>
Applicant Requirements	<ul> <li>1 or more assessment course</li> <li>1 or more previous practicum placements, during which learner completed at least 2 comprehensive assessments (IQ, achievement, and behavioural/emotional testing)</li> <li>While this track is child/adolescent-focused, ability and interest to work with parents and adults (including age 18-25) will offer more opportunities for direct hours, including during daytime hours.</li> </ul>

# Supervisors

<u>Dr. Shawn Wilson</u> <u>Dr. Cheryl Fernandes</u>

## **Contact Details**

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