

Comprehensive Standard Dialectical Behvioural Therapy for Adolescents and Young Adults Practica

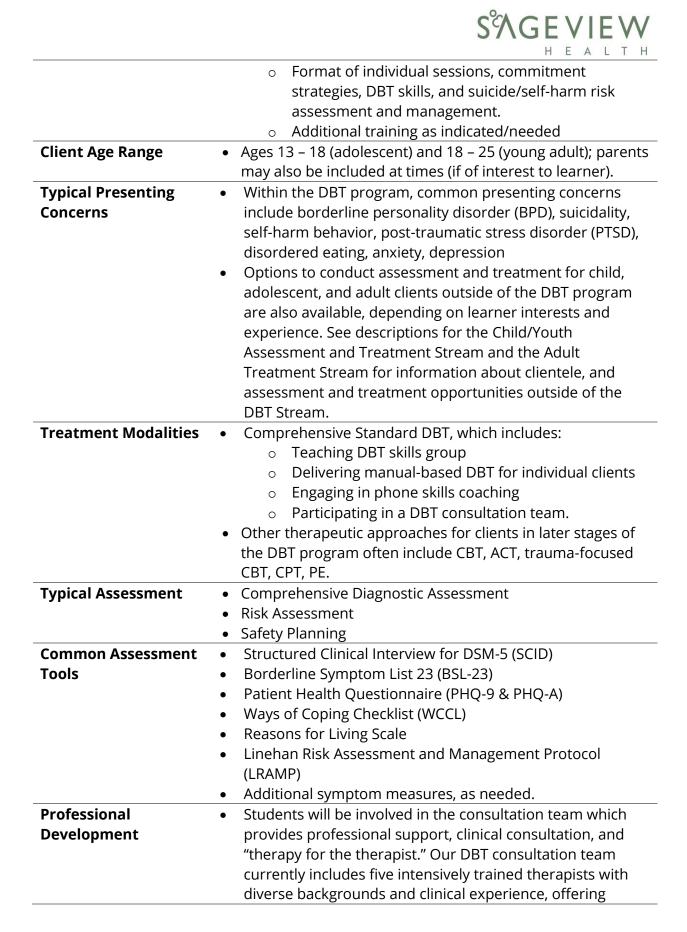
Practicum placements for Master's and PhD students completing their doctorate in clinical psychology or clinical/counselling psychology (including EdD). Comprehensive Standard Dialectical Behaviour Therapy program for adolescents and young adults, and their parents.

About Us

Sageview Health is a large group psychology practice that offers comprehensive assessment, treatment and consultation services for adults, seniors, children, adolescents, couples, and families. We foster a culture of excellence with a focus on ethical and evidence-based practice that meets the needs of the very diverse community we serve. Our goal is to empower people to overcome challenges and lead a rich, full, and meaningful life.

Details

Number of Placements Available	• 2 (In Person or Hybrid)
Amount & Type of Supervision	 1.5 hours of weekly supervision with a registered psychologist on the DBT team Supervision can be virtual, in-person, or a mix Learners can expect a developmental approach, to be adapted based on skill level. This may take the form of inroom observation/shadowing, video/audio recordings, and/or reports from the learner in supervision. Weekly involvement in our DBT consultation team where DBT-specific support is provided As part of our broader practice, clinicians participate in biweekly clinical rounds where we discus ethical issues and challenging cases. All new learners will be asked to engage in a week-long training period where they will learn how to provide comprehensive DBT clinical services, including:





	 students a rich and varied professional development experience. Students will be provided with training opportunities tailored to their client needs and their own interests. For example, our DBT team provides family information sessions and seminars in the community. Student involvement in these presentations is welcomed. As a DBT team, we also engage in regular training and consultation to improve our skills (e.g., training on RoDBT, consultation with provider working with eating disorders) which students will be invited to join. Bi-weekly research and clinical practice rounds hosted by Sageview Health from internal and external speakers on evidence-based interventions, assessment, and psychotherapy. Learners have the opportunity to present as part of these rounds during their practicum placement if they wish.
Nature of Consultation with Other Healthcare Providers	 Consultation team meetings provide opportunities to consult with and gain support from DBT team members, including psychologists, psychotherapists and social workers Consultation with outside providers will be conducted as needed (e.g., consulting around eating disorder behaviour)
Skills To Be Gained Through Placement	 Assessment of complex clinical presentations, including personality disorders, PTSD, and suicidal and self-harm risk. Differential diagnosis to determine appropriateness for the DBT program. Suicide risk assessment and management. Learn to provide phone coaching with appropriate boundaries for individual clients. Learn principles of individual DBT and how to apply those principles to fidelity in session. Teach DBT skills group to adolescents and their parents (multi-family), young adults (18-25), or both. Provide DBT-informed support for parents. Participate fully in DBT consultation team, providing support and consultation for other clinicians. Exposure to a diverse client base.
Application Deadline	 Same as deadline set by the GTA practicum committee, though rolling admissions may be considered on a case-by- case basis.



Application Materials	Unofficial transcripts from graduate school
	 Two letters of reference (sent from referees to
	practicum@sageviewhealth.ca)
	 1 page letter of interest, including training goals and
	objectives for the prospective practicum
	Curriculum vitae (CV)
	On-site or virtual interview
Applicant	• 1-2 psychotherapy practicum placements, preferably
Requirements	including some CBT and diagnostic assessment, and with
	the use formalized measures (e.g., SCID).
	• Passion and interest in working with clients who have more
	complex presentations and are potentially at risk for
	suicide.
	• Experience with third-wave CBTs (ACT, mindfulness-based
	CBT), trauma treatment (trauma focused CBT, CPT, PE)
	and/or parenting therapy (EFFT, Behavioral Parenting) is
	considered an asset.

Supervisors

Dr. Jessica Flynn

Contact Details

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